Kingston u3a News Bulletin July 2024 No 61

(Sent out on 27 June 2024)

We begin yet another bulletin with the announcement of the death of one of our previous Committee members. Our former Speakers Secretary, Mary Hodgson, died of cancer at the beginning of June. She fulfilled her role with great skill and understanding and her legacy lives on. We are still working through the programme of talks she drew up for us. We offer our deepest sympathies to her family and close friends.

The London Region's summer school is already underway. It ends on 18 July but there are a few vacancies left for some events. You'll find below links to details of the programme along with booking information.

We've listed the July programme of online talks the Third Age Trust has arranged, as well as details of our next three monthly meetings and speakers.

I wish you all a pleasant summer with, I hope, continued good weather.

Joy Garvey Chair

Group News

A few updates to our group details:

Cook Swap Shop

This group currently has a vacancy.

They meet at 2pm on the last Wednesday in the month. Members agree on a monthly challenge and everyone contributes something appropriate, if possible, in taster size. They sample and swap recipes and ideas or relevant experiences while enjoying a cup of tea or coffee.

If you are interested in joining the group, please contact Gill Pickup: 020 8399 3271, gillpickup47@gmail.com.

Train Group

Although Lionel Beer remains group leader, please note that there is a new contact.

If you need any information or would like to join, please contact group secretary, Margaret Harold: margaretharold1414@outlook.com.

Wine Tasting 2

Please note that group leader Colin Robson's email address should be cr@bluerow.com. national festiva

u3a Festival 2024: 18-20 July

u3a's first national festival will run over three days at the University of York.

There'll be a wide variety of activities, talks, sporting events, musical entertainment and workshops.

You can find more details about events, accommodation (Airbnb, guest houses and hotels), costs and regular updates about this on the <u>National Festival</u>'s website.

u3a Online Events

The Third Age Trust is hosting some online talks in July, which may be of interest to you.

You can see them all listed on the national <u>u3a</u> website, along with dates and times. These events are usually free of charge.

- Flight Inspirations Aviation Group Meeting: The History of Royal Flying –
 10am Tue, 2 Jul
- <u>Demystifying Retirement Housing: Options and Costs</u> 2pm Tue, 2 Jul
- Rembrandt at 34: A Mirror to the Soul 10am Fri, 5 Jul
- Live Cookery Demonstration: Summer Recipes 10.30am Thu, 11 Jul
- The Harlem Renaissance 2 2pm Fri, 12 Jul
- Exploring World Faiths: Forgiveness 10am Mon, 15 Jul
- Boost your Digital Confidence: How to Overcome your Mobile or Tablet Issues – 2pm Tue, 16 Jul
- Numbers with Shapes 2pm Thu, 25 Jul
- Modern Britain: A Story Told Through Stamps 2pm Fri, 26 Jul
- Bollywood Laughter Yoga Dance 10am Mon, 29 Jul
- Secrets of the Human BrainTalk 7: Brain Research, Imaging and Scanning
 2pm Wed, 31 Jul

London Region Network

Online Talks

The Online Talks Programme is taking a summer break. Plans for next October to March are currently under discussion.

Summer School: 21 May-18July

Summer Walks and Visits Programme

Instead of the usual Summer School, this year London Region is offering an extensive programme of guided walks and visits to museums and galleries around central London.

The summer school has already started and many sessions listed are fully booked but you can see those which still have vacancies on <u>London Region's Events</u> page. If you want to join a waiting list for a fully booked event, please email bookings.lru3a@gmail.com.

The cost of each event, which is for **u3a** members only, is £10 per person (no refunds). Maximum capacity is 20 participants per guided walk, and 15 participants for each guided visit.

This information is also available on the <u>London Region</u> website.

Surrey Network: Study Days

Study days have been arranged in the coming months.

Time: 10am-4pm (registration and login begin at 9.30am)

Dates: See programme details below.

Place: You can attend in person at the Menuhin Hall, Stoke d'Abernon or join online via Zoom.

Cost (including tea/coffee biscuits): £12 for members and £15 for guests attending in person. Attendees should bring their own packed lunch. £12 for those attending via Zoom.

Programme

- <u>Understanding AI and its Repercussions for Society, Now and in the Future</u> Fri, 20 Sep
- History of Photography and Modern Developments Fri, 18 Oct
- Understanding Lowry: The Man, his Life and his Work Fri,15 Nov

Some dates are already listed on the website for planned study days throughout 2025, although booking will not open until nearer the time. Study days are always on a Friday:

- 21 Mar: Exploring Johann Sebastian Bach's St Matthew Passion
- 16 May: The Asian Century?

This information is also available on <u>Surrey Network</u>'s website.

Kingston u3a: Monthly Meetings

Meetings are held at the United Reformed Church (URC) in Kingston on the first Monday of each month unless it is a bank holiday. Doors open at 1.30pm for a 2pm start. Please arrive promptly for the start of the meeting. Entrance fee is £1. Tea/Coffee and biscuits are available at the end of the meeting.

At each meeting we have a book-swap stall where you can leave any good books you've read and would now like to dispose of and/or pick up one or two that someone else has brought in.

Monday 1 July, 2pm

Inn and Out at the Top: Running the Highest Inn in England – Neil Hanson

Author and former landlord of Tan Hill Inn in the Yorkshire Dales, Britain's highest pub, will share his experiences of eccentric characters, local customs, police raids, naturist weekends and lock-ins.

Monday 5 August, 2pm

Gandhi v Churchill: Triumph and Disaster at the End of the Raj – Peter Popham

Journalist and author Peter was based in Delhi when he became interested in the modest lawyer who defied Churchill and delivered India from imperialism. He explains how Gandhi did it and why Churchill couldn't stop him.

Monday 2 September, 2pm

The Legend of Nancy Wake, the White Mouse - Paul Barwick

The story of a secret agent during WW2, from humble beginnings to the Nazis' most wanted spy and her ability to escape them – a story of tremendous bravery.

Autumn 2024 Newsletter

We are looking for contributions to our next quarterly newsletter which will be out in August. We're always happy to receive articles on topics such as:

- reports from your group
- outings and visits
- poems
- stories
- recommendations for books, programmes on TV, radio or online, box sets.

Photos (with captions) are always welcome and brighten up our pages.

Please send any contributions to Susan by Wednesday, 10 July at newsletter@kingstonu3a.org.uk.

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The next Kingston **u3a** news bulletin will be emailed to you in early September. Please forward any contributions or suggestions by Wednesday, 22 August to Susan Hinchsliffe at communications@kingstonu3a.org.uk.

In the meantime, please check the <u>Kingston u3a</u> website regularly. Many thanks.

Changing your Membership Details

If you change your address, email or telephone/mobile number, please let Chris Cheek know at database@kingstonu3a.org.uk. Chris is also able to change your preferences for receiving post or emails, or the *Third Age Matters* magazine.

Changing Group Details

If you spot any mistakes or need to make any of the following changes to the Groups & Contacts list which is published in the quarterly newsletter:

- a group's name
- meeting times and locations
- a group leader's contact details

please let Keith Maund know at keithmaund@outlook.com. He keeps a master copy of the spread sheet which contains all this information and passes it on to the newsletter editor, Susan Hinchsliffe, and the webmaster, Diane Wilson. Thank you.